



## THE EMOTION CODE SESSIONS WAIVER

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### About The Emotion Code®

Chesapeake Holistic Health Center is proud to offer The Emotion Code, a simple and powerful method of finding and releasing trapped emotions.

At the first session, we'll explain how Emotion Code works. Together, we will identify a few issues (e.g., anxiety, fear, depression, aches, pains, illnesses or traumatic experiences) you'd like to address.

During your session, we'll evaluate when and where in your body each emotion was trapped. Once the trapped emotion is released (via your governing meridian), your practitioner will repeat the protocol to clear the next trapped emotion (usually 10-20 emotions per session).

We may also address your "heart wall" if you have one (most of us do). This wall is the result of unresolved, deeply-felt emotions – which may have caused your mind/body to have built an energetic "wall" around your heart. When we work on the heart wall, the approach is the same (it's just one of the issues we work on). However, when the heart wall is fully cleared (which usually takes 3-5 sessions), big, positive changes begin to occur because so many blocks have been lifted.

### Disclaimer

The programs and services Chesapeake Holistic offers are not substitutes for medical advice or physician-prescribed treatment. The Emotion Code does not attempt to diagnosis the presence or absence of disease. Our programs and services should not be construed as medical advice, and Chesapeake Holistic disclaims any liability from/in connection with this information. As with any program, if at any point you experience physical discomfort, you should stop immediately and consult a licensed health practitioner. Individual results may vary, and past performance is not an accurate predictor of future results. No statements or claims made by employees or representatives of Chesapeake Holistic Health have been evaluated by the United States Food and Drug Administration.

By signing this disclaimer, you also acknowledge your understanding that, as with any natural healing modality, the use of The Emotion Code may trigger a healing response. This may last one or two days. During this healing response, you may experience echoes of each emotion that has been released. Symptoms may include emotional sensitivity, crying, difficulty sleeping, needing extra sleep, or vivid dreams. This is recognized as part of the healing process.

I give permission for my health information to be shared between each of my Chesapeake Holistic practitioners.

Name: \_\_\_\_\_

Date: \_\_\_\_\_