



## FOOT DETOX SERVICE WAIVER

**Please sign completed form. Email to [cathy@chesapeakeholistic.com](mailto:cathy@chesapeakeholistic.com) or fax to 410-757-6742 – before your appointment.**

This should be completed *prior to your appointment*, to enable effective time-scheduling for your session and for other clients.

### About Ionic Foot Detox

Chesapeake Holistic is proud to offer Ionic Foot Detox Bath services, which can help provide you with optimum health and vibrant living. This negative-ion technology is a "cousin" of Acupuncture and Reflexology, stimulating the body's energy meridians. Simply put, our foot bath helps the body heal itself, by ridding it of unwanted toxins.

We estimate that the toxins you'll see drawn from your body (into the foot bath water), are only 10% of the total detoxification that will occur. The other 90% happens several days after a treatment, as toxic material leaves your body via your excretory system.

For your safety, our practitioners thoroughly cleanse and sanitize the foot bath machinery after every session.

### Disclaimer

It is important to drink adequate water – to improve toxin excretion and to protect your organs and body systems – the day of (and for several days after) a foot detox bath session.

Chesapeake Holistic disclaims any liability from, and in connection with, any of our services and recommendations. This product is not intended to treat or cure any illness or disease. This is not a medical device. If you experience any discomfort or pain during your detox foot bath session, you should stop immediately and consult a licensed healthcare provider. Some individuals do not experience benefits from the detox foot bath until after 2-3 treatments.

The programs and services Chesapeake Holistic offers are not substitutes for medical advice or physician-prescribed treatment. Please seek the advice of a physician before beginning any nutrition or supplementation protocol. Our programs and services should not be construed as medical advice, and Chesapeake Holistic disclaims any liability from/in connection with this information. As with any program, if at any point you experience physical discomfort, you should stop immediately and consult a licensed health practitioner. Individual results may vary, and past performance is not an accurate predictor of future results. No statements or claims made by employees or representatives of Chesapeake Holistic Health have been evaluated by the United States Food and Drug Administration.

**Finally, by signing this disclaimer, you acknowledge you: do not have a pacemaker, are not a transplant recipient, do not have electronic implants, are not pregnant or breastfeeding, and are not under 12 years of age. You also understand that, as with any natural healing modality, you may trigger a healing response. This could include swelling feet, rash, feeling tired, discomfort in a muscle or joint, or even euphoria. This is recognized as part of the healing process.**

I give permission for my health information to be shared between each of my Chesapeake Holistic practitioners.

Name: \_\_\_\_\_

Date: \_\_\_\_\_